

Korean Society for the Study of Obesity Event 2021

1. 2021 International Congress on Obesity and Metabolic Syndrome (ICOMES)

The ICOMES 2021 was held from September 2, 2021 to September 4, 2021 under the theme of “Cutting-edge Science in Obesity.” The number of participants was 805, of which 103 participants were from overseas. The number of abstract submission was 152, of which 55 submissions were made by participants from overseas. Dr. Robert H. Eckel of the University of Colorado Anschutz Medical Center in USA and Dr. Michael Nauck of Ruhr University in Germany delivered plenary lecture about implication of obesity in cardiometabolic risk and incretin-based obesity treatment, respectively.

1) ICOMES 2021 Participation

Country	Participants
Republic of Korea	702
Australia	4
Bangladesh	1
Belgium	1
Canada	4
China	7
Denmark	1
Finland	1
Germany	2
Hong Kong	1
India	21
Indonesia	11
Ireland	1
Italy	1
Japan	6
Kuwait	1
Malaysia	13
Nigeria	2
Singapore	2
Taiwan	2
Thailand	1
Turkey	1
UK	2
USA	17
Overseas total	103
Total	805

2) ICOMES 2021 Abstract Submission

Country	Submissions
Republic of Korea	97
Canada	6
China	3
India	29
Indonesia	9
Kuwait	1
Malaysia	3
Nigeria	1
Singapore	1
USA	1
Overseas total	55
Total	152



2. Conference

The Spring Conference was held from March 26, 2021 to March 27, 2021 under the theme of “Precision Medicine for Obesity.” Dr. Ruth Loos of Icahn School of Medicine at Mount Sinai in USA delivered plenary lecture about precision medicine in obesity and the value of genetic information.

From 2021, the KOSSO launched summer and winter conference in addition to the existing spring conference and the ICOMES in order to reinforce obesity education and academic communication in various regions of Korea. Obesity Summer 2021 was held on July 3, 2021 in Busan, Korea. In this conference, sessions about hot topics in obesity research, new antiobesity medication, and sessions from the committee of education were made.

Obesity Winter 2021 was held on November 13, 2021 in Gwangju, Korea. In this conference, sessions about analysis and consultation of obesity, standards and future of obesity, and ODOT (one day course for obesity training) were made.



3. Training Course

The Spring Training Course was held on February 21, 2021. Sessions for basic metabolic rate and obesity, treatment strategy for diabetes and complications, obesity management in the age of COVID-19, treatment strategy for metabolic disorder, characteristics and management of obesity by life cycle in children and adolescents, obesity and nutrition, surgical treatment for obesity, and obesity and chronic disease management using IT devices were made.

The Fall Training Course was held on November 21, 2021 under the theme of “Practice of Obesity Treatment and Management in the Era of COVID-19.”



4. Courses for Obesity Expert

The KSSO is providing courses for becoming an obesity expert. The Basic Course for Obesity Expert was held on April 25, 2021 and the Advanced Course for Obesity Expert was held on September 12, 2021 and September 26, 2021. The exam for obesity expert was held on October 24, 2021.